

**VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM
(Deemed to be University)**

**M.Sc.(NURSING) DEGREE EXAMINATION –August 2021
First Year**

CLINICAL SPECIALITY I : PSYCHIATRIC NURSING- I

Time: Three hours

Maximum: 75 marks

Answer ALL questions

I. ESSAY: (2 x 15 = 30)

- 1.a) Explain the normal reaction and problems related to pregnancy and puerperium. How do you manage postpartum blues? (10)
- b) Marital counseling. (5)
- 2.a) Define psychiatric nursing. (1)
- b) Explain in detail the psychiatric history taking and mental status examination as an important assessment. (10)
- c) Process recording . (4)

II. SHORT ESSAY: (2 x 10 = 20)

3. Define behavior therapy and discuss in detail about various techniques used to modify the patient's behavior.
4. Define therapeutic communication and explain techniques and barriers in therapeutic communication.

III. WRITE SHORT NOTES ON ANY FIVE OF THE FOLLOWING: (5 x 5 = 25)

5. Lithium toxicity.
6. Antipsychotic drugs.
7. Family therapy.
8. National mental health programme.
9. Basic human rights.
10. ICD classification of mental illness.
